



CLIENT REFLECTIONS

"I can't put into words how much today's session meant to me but I think I understood God's love for me today more than I ever have before and I thank you SO much for that!"



"Thank you for the work you do to help myself and others. It was a good first experience for me at Grimsby Life Centre. I was so comfortable and relaxed and felt welcome. Thank you for helping me feel that way."

HELPING HANDS



With all this growth, the need for consistent support has never been greater. We invite you to prayerfully consider becoming part of our Helping Hands Monthly Donor Campaign. Your monthly gift, no matter the size, creates real, lasting impact:

- **\$15/month** helps provide counselling resources and program materials
- **\$30/month** supports one group session for clients seeking healing and growth
- **\$50/month** helps cover part of a counselling session for an individual or family
- **\$100/month** supports multiple clients and helps reduce our waitlist

When you give monthly, you become a steady source of help and hope for families and individuals who rely on our services. Your ongoing generosity allows us to expand programs, respond to growing demand, and continue offering counselling free of charge to those who need it most. Would you consider joining Helping Hands today? Your monthly gift makes a lasting difference in our community and helps us continue the work God has called us to do. Please go to <https://www.canadahelps.org/en/dn/7842> or scan the QR code to set up monthly giving. Thank you for walking alongside Grimsby Life Centre and being part of this ministry of hope.



EXECUTIVE DIRECTOR'S REPORT - SARA GEERLINKS



One of the greatest joys of being the Director of GLC is seeing how God works through so many different people to change lives and draw His children closer to Him. Our mission is simple and purposeful: to be a vibrant, visible Christian organization dedicated to counselling families and individuals in the surrounding communities by offering help and hope to all—regardless of age, race, religion, or marital status.

It is truly powerful to meet the diverse needs of those who walk through our doors and to have the flexibility to create new programs that support those needs. This year is already off to a wonderful start!

One of the best "problems" to have is being at full capacity with our counsellors. With a team of 11 dedicated professionals, we feel incredibly blessed to be bursting at the seams as we work to meet the growing needs of our community. To serve even more clients, we are creating a group room where we can offer support groups focused on grief, parenting, and anxiety. This spring, we are excited to launch a six-week parenting class to further support families in our community and to once again run our estrangement group.

We have been greatly blessed through our partnership with City Serve in Jordan, Ontario. Many of our clients have benefited from taking home extra pantry items, cleaning supplies, and other household essentials—helping ease financial pressures that often add to the challenges they are already facing. We are so thankful for this opportunity to expand our ministry in such a practical and compassionate way.

As the ministry continues to stretch and grow to meet the needs of the community, we are so incredibly thankful for all of you who make this possible. Your prayers, words of encouragement and financial support are the reason we can continue to provide hope and healing to hearts that are hurting.

FROM OUR INTERN - GRACE HUNTER

As my time as a Student Intern at the Grimsby Life Centre comes to an end, I am so thankful for the support I have received from my supervisor Della, and the entire team, who have all been incredibly supportive over the last 8 months!

I have appreciated the opportunity to work with many clients, enhance my practical skills, and gain valuable insights that I look forward to applying in my future work. I am so grateful for the work that the Grimsby Life Centre does every day to help individuals from all walks of life find hope and healing. Thank you for your continued support and prayer!



BOARD REPORT

Spring is in the air --- the daffodils are starting to bloom followed by the April showers bringing the May flowers. We marvel each year how God's world turns and we continue to be so grateful for His many blessings. As a board of directors, we meet monthly and witness firsthand the work that is being done at the Grimsby Life Centre. The capable counsellors and interns, the clients and volunteers who make this ministry thrive and grow, we bring all Glory and thanks to God for His provisions. Thank you for your continued support and prayers in the year ahead.

OPPORTUNITIES TO GET INVOLVED

There are many ways you can be part of the work happening at the Life Centre!

Join our Prayer Team – Prayer is the foundation of everything we do. If you would like to meet and pray for the needs of the ministry, please email Sara at saragrimbsbylife@gmail.com to learn more.

Join the "Hope Grows Here" Team – Help connect your church with the Life Centre as we prepare for our annual spring giving campaign. This team helps share stories, build awareness, and invite others to be part of the mission.

Summer BBQ Volunteers & Sponsors – We are hoping to host a few summer BBQs this year! Are you a grill master? A people person who loves welcoming others? A business owner interested in sponsoring or hosting? We'd love to hear from you.

Tech-Savvy Volunteers – Are you gifted with technology? We're looking for people who can help guide us as we update our website and set up a new site that will best serve our community and ministry.

If any of these opportunities interest you, please call the Centre at 905-309-0944, we'd love to connect with you! Together we can continue bringing hope to our community.

IN THE LOOP

- Thank you to everyone who has been sending in slippers. Our floors are looking so much cleaner and our clients are loving how cozy they are!
- Thank you to DeVries Landscaping for keeping our driveway clean and clear this winter!
- Thank you to the Student's Council of Smithville High School for hosting a fundraiser in support of the Life Centre!
- Coffee and herbal tea are constantly being consumed at the centre, if you would like to drop some off we would be so appreciative!
- Looking for a way to keep the kids busy this summer? Consider holding a Lemon-AID stand as a fundraiser for Grimsby Life Centre! Email Sara at saragrimbsbylife@gmail.com for some posters you can print with a QR code for donations.

YES! I would like to make a gift to the Grimsby Life Centre!

NAME:

- Cheque
Payable to Grimsby Life Centre

EMAIL:

- e-transfer to
office@grimsbylife.org

ADDRESS:

- Credit Card donations can
be made by calling the office

Official tax receipts will be issued for donations over \$25

Please do not send cash through the mail. Charitable Organization BN 806788824RR001



TO BOOK AN APPOINTMENT
PLEASE CALL: 905-309-0944

18 ELM STREET,
GRIMSBY, ON L3M 1H3



WWW.GRIMSBYLIFE.ORG

OFFERING HELP AND HOPE

Grimsby Life Centre Ministries is a vibrant, visible, Christian organization, dedicated to counselling families and individuals in the surrounding communities by offering help and hope to all, regardless of age, race, religion or marital status. **All services are confidential and free of charge.**