

2022 SUMMER~FALL NEWSLETTER - VOLUME 34

REFLECTIONS FROM CLIENTS



I can't possibly thank you enough for my counsellor, and I couldn't possibly be more pleased with the outcome. I truly feel a positive connection that will help me find the tools necessary to right my ship.



I just want to say a huge thank you for the difference you are making in our lives. I needed our talk today so much. Thank you for all your amazing guidance and caring words.



You have been an amazing part of my journey; you are a true blessing to anyone. I thank our heavenly Father for you!



Thanks for helping me see it all in a new way, and now I know how to see God in it all, all the time. He is so good!!



You have been an amazing support system for me. Your constant encouragement and reminder of God's grace, mercy and unconditional love have been foundational for my journey in Christ.



In my office there has been a sign hanging on my wall since I began my job in 2007. It reads:

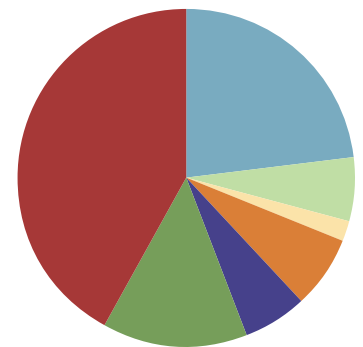
"If you have troubles, come in and tell me about them. If you don't, come in and tell me how you do it!"

I'm not sure who the author is but I often look at it and chuckle. Through 15 years as the Executive Director of Grimsby Life Centre no one has walked into my office trouble free! We have all, at one time or another, experienced troubles. I often think of the lyrics of the Simon and Garfunkel song Bridge Over Troubled Waters: *'When you're weary. Feeling small. When tears are in your eyes, I'll dry them all. I'm on your side. Oh, when times get rough, and friends just can't be found. Like a bridge over troubled water, I will lay me down'*. As I think of all the troubled waters that the pandemic has stirred up, added to the troubled waters so many were already dealing with, I am sure each one of you can recall a time when you were that bridge, or someone was that bridge for you! It's at times like these that I am humbled and grateful to be serving in a community who are willing to be a bridge over troubled waters for so many. With your prayerful and financial support, we at GLC continue to have the privilege of helping people navigate through these troubled times. We are so grateful to God for providing us with such a supportive community. On behalf of us all at Grimsby Life Centre, Thank You!

~ Lisa Heuvig, Executive Director

How do clients learn about Grimsby Life Centre?

- Word of mouth: 42%
- Church, pastor: 14%
- Other agencies: 6%
- Online, phone book, newspaper: 7%
- Sign at 18 Elm St: 2%
- Doctor: 6%
- Unknown: 23%



*2021 Statistics

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COUNSELLOR CORNER



At the beginning of 2020 many people were struggling, however I didn't feel the effects until 2021. We had been struggling to purchase a home during an inflated housing crisis, multiple deaths of loved ones and unanswered prayers. When life hits you hard it's easy to question "where is God?" and "what is He doing?".

Someone brought to my attention the topic of being in a wilderness season. This resonated with me, as I was in that season in my life. I believe God calls each of us to endure wilderness seasons over

the course of our lives and how we respond matters. As I dug deeper, these lessons I have learned.

You are in a time of God's protection - Learning obedience, character development, humility, self-discovery, cleansing and purifying, season of strengthening, revelation and awakening. A season that leads us into the promise of becoming more like Christ.

God doesn't take the pain away and HE does give you something to hold on to and offers hope in the midst of the struggle. This insight may make all the difference. Everything we need to endure during our wilderness season God has already deposited in us. We don't walk it alone; He is with us. ~ **Lindy Biega, Counsellor**

A MESSAGE FROM THE BOARD

I have a very good friend, who lives in England, his name is Dr. Russell Wate. He began his career as a Bobby, and moved his way up the ranks. Russell is a very experienced, and now a retired senior homicide detective. He worked in major crime enquiries; homicides, international kidnapping, and large-scale enquiries for inhumanities against children. He has received commendations from Judges and Chief Officers, and even a prized Investiture by Her Majesty the Queen for his work in a very high-profile case.

Russell has said that one of the most important tools in Detective work is "contact tracing". No matter where a person goes, one leaves traces of their DNA, through fingerprints, hair, or fibers of clothing. In the world of faith, we also leave traces of ourselves wherever we go and with every person we come in contact with.

As we find ourselves coming out of two very difficult pandemic years, many have been left with feelings of hopelessness and uncertainty. Now more than ever the household of faith may be called to consider the contact tracing we leave behind. Have we left behind, traces of love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control? Let's work together to leave traces of God's love in our community! ~ **John Kendall, Chairman of the Board**



NEEDS, NOTES, + THANKS

☺ If you happen to be driving by 18 Elm Street you will see a bright, shining clean building thanks to the work of Paradus Window Cleaning services. We are so grateful that our building had its windows, siding and gutters cleaned. Thank you to the people who made this happen!

☺ One of our counsellors, Allison Perrina, is on maternity leave. We wish to congratulate this family as they have been blessed with a beautiful baby girl who they named Ella Joy born on June 3, 2022.

☺ As we are back up and running in the office, we are in need of toilet paper, paper towels and Kleenex. If you have any of those items lying around, we could use some!

PROMISE + Hope

2022 Annual Fall Benefit

☺ We look forward to sending out our Banquet in an envelope ~ **Promise and Hope** ~ to the Grimsby Life community this fall. Thank you once again for your support!

YES, I would like to support the ministries of the Grimsby Life Centre!

Name _____ Email _____

Address _____ City/Town _____

Province _____ Postal Code _____

Donation

\$

Cheque - Payable to Grimsby Life Centre

VISA Mastercard Please indicate: One time Monthly

Cardholder Name: _____ Signature: _____

Card# _____ Exp. Date: _____

You can also donate by visiting www.grimsbylife.org/donate. Official tax receipts will be issued for donations over \$25. Please do not send cash through the mail.

Charitable Organization BN 80678 8824 RR0001