

EXECUTIVE DIRECTORS DESK ~ Lisa Heuving



Perception it is what it is. This summer I had the opportunity to spend time in Tobermory. One afternoon I was at a beach known as "Singing Sands" along Lake Huron. There was a couple in their mid 50's who were walking along the board walk. I overheard them talking about how ugly they thought the beach was - not at all like the sands in the Caribbean. The woman commented that she didn't know why anyone would recommend this beach. As I walked past them heading to the water there was a young boy about 6 years old who had the biggest smile on his face. He enthusiastically was explaining to his mom and dad that this beach was the best beach in the world! In less than 2 minutes, I had overheard two conversations with two totally different perspectives. I thought at that moment, I am so grateful that Jesus has true

perspective. He calls us to love one another and not judge each other. Here at the centre we hear many different perspectives of the "beaches" in people's lives and it is truly an honour to have a community like ours, that with Jesus, walk these beaches with them. Thank you for your continued support, prayers and financial contributions.

COUNSELLOR CORNER ~ Ted Vandermolen



Sharing a thought from my summer reading. How often do we allow our negative emotions get the better of us? Dare I say - far too often, and certainly more than we intend or desire to. We react with negative emotions and thoughts when we are angry, irritated, fearful, insecure, hurt, sad, or confused. We can certainly learn different coping strategies for negativity but perhaps learning to live from our CORE would give us the best starting point.

WHAT IS CORE?

- C** **COMMITTED** to honesty. No more pretending.
- O** **OPEN** to the Holy Spirit. Be wise to others and learn new ways of thinking, feeling, and responding.
- R** **RESPONSIBLE** for myself and **RESPECTFUL** towards others without dishonouring myself.
- E** **EMPATHIC** and compassionate towards others without **ENABLING** abusive behavior to continue.

Just a thought - It seems to me that by practicing the C.O.R.E principals, this strength brings you into a place of being emotionally healthy, and spiritually mature. These results may place you in better relationships with other people.

CLIENT TESTIMONIALS

BECAUSE OF YOUR SUPPORT THIS IS WHAT CLIENTS SAY

"Thank you so much for all you did. Yesterday was very hard for me emotionally as you could probably tell. But, all the good things in life, whatever they are, are heartfelt. We are having a get together as a family, with extended family as well, which, frankly, without these sessions with you we would not be having. But now, here we are in a better place. Thank you so much."



"God bless you and your work... and thank you from the bottom of my heart."



"Thanks for all your help this past year. Know you've played a large part in my sanity and strength. Thank you for your guidance and direction; you were a blessing when I needed it. Thank you and God Bless."



"Words of wisdom as usual! Thanks for touching my heart."



Our chats help me immensely. I am extremely thankful.



"Thank you so much for your insight... we have only been to see you twice but it has truly made an impact... thank you for blessing us..."



Thanks for understanding. You guys rock!



Not sure I've ever felt such acceptance from a human being - in spite of all my quirks & flaws! You are such a beautiful example of our Father's heart to me. Thank you.

FUN FACT!

Thank you!



the life change campaign

- 25 churches participated this year
- 1,655 baby bottles were handed out
- 560 were returned full of coins, checks and bills
- Raising over **\$30,000** between Mother's Day and Father's Day



BOARD OF DIRECTORS

As a board we have been working diligently behind the scenes providing leadership and direction for Grimsby Life Centre Ministries. It truly is a ministry that keeps growing and thriving as they counsel over **370 people per month**.



From left to right: John Kendall, Dorothy Hunse, Sam DaSilva, Joanne Devries, John Vandermey and Amanda Pyper

SUMMER STUDENT SUMMARY ~ Kelsey Kiers



It's hard to believe that I have to sum up my summer at Grimsby Life Centre in one small paragraph. I barely even know where to start. As a new summer student, I was nervous walking through the door on that first day in June. But the nervousness melted away when I quickly realized just how much of a blessing it was to work in a place like this. God's hand can be seen in everything here, from the counsellors to the clients to the miracles that seem to happen almost every day. I am continually amazed at how God uses these encounters to spread His love. It has truly been a privilege to work here this summer and an honour getting to know all of the people that make this wonderful place feel so much like home.

News, Notes, and Needs

♡ We are so grateful for our gardener and cleaner Rhonda who goes about keeping the centre looking great! Thank you!

♡ We are always looking for volunteers to help out in the office on Tuesday nights, if you enjoy reception work and greeting clients please give us a call.

♡ Our annual fall fund raising banquet is around the corner – if you have any items you could donate for our silent auction, we would love to hear from you! Also, please come to the banquet, it is always a worthwhile evening!

♡ We are always on the lookout for bottled water, toilet paper, coffee and photocopy paper.

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COME TO THE 2017 ANNUAL
FALL BENEFIT BANQUET!**

**RESERVE YOUR
SEAT TODAY
BY CALLING
905-309-0944**

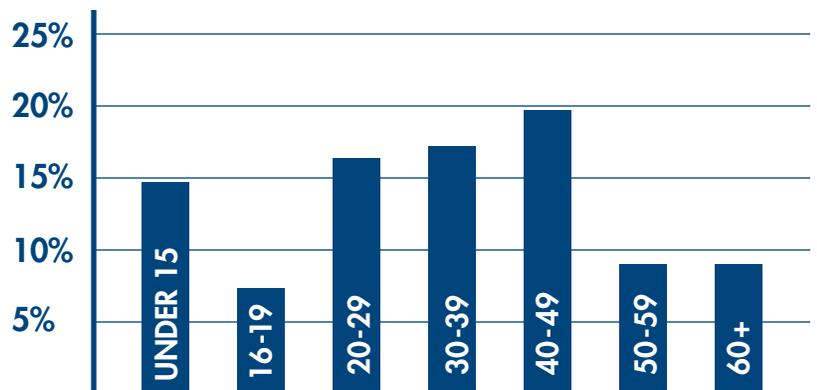


Friday, October 27 ~ 6 pm
Location: Winona Vine Estates
269 Glover Road, Winona
Cost: Voluntary contribution

2017 CLIENT STATISTICS

COMMUNITIES WE SERVE

GRIMSBY	41%
LINCOLN	18%
HAMILTON	11%
WEST LINCOLN	10%
ST CATHARINES	5%
OTHER	15%



AGE DEMOGRAPHIC OF OUR CLIENTS



YES, I want to support the ministries of the Grimsby Life Centre financially!

Name _____ Email _____

Address _____ City/Town _____

Province _____ Postal Code _____

Donation \$ _____ Cheque (Payable to Grimsby Life Centre)

VISA Mastercard (Please indicate) One time Gift Monthly Gift

Cardholder Name: _____

Card# _____

Exp. Date ____ / ____ Signature _____

Grimsby Life Centre 18 Elm Street, Grimsby, ON L3M 1H3

Or, you may wish to donate by visiting **www.grimsbylife.org/donate** or **CanadaHelps.org**. Official receipts for income tax purposes will be issued for donations over \$25. Please do not send cash through the mail.
Charitable Organization
BN 80678 8824 RR0001



Your donations change lives ~ Thank you!