



Summer~Fall 2015 Newsletter

Volume 17

FROM THE DESK OF THE EXECUTIVE DIRECTOR - Lisa Heuving



This past June I had the opportunity to go to Tobermory and tour through Cyprus National Park to see the cave called "the Grotto". My tour guide mentioned to me, 'not to worry'. We would be going down through a hole in the rocks but what I would see at the end of the rock tunnel would be something magnificent. When we hiked to this 'rock hole' and I saw how tight it was, I thought to myself, 'there is no way in the world that I was going to go down this crevice'. In my mind this was way too difficult and totally out of my comfort zone. My guide kept redirecting my negative words by saying "Trust me, once you get down and turn the corner the view is stunning and it will take your breath away". With every ounce of energy and all the

courage I could muster, I literally slithered down this rock hole; holding on for dear life. Once my footing was stabilized and I turned that corner, I was stunned at the beautiful scenery, and the breath taking landscape along with the crystal gem like colour of the water within this cave. It was incredibly gorgeous. The irony of this little trip is another life message for me. In life we will all have hard times, and we might need to come to that place and turn the corner to see something more magnificent for our life and especially for those around us! It isn't easy, and sometimes we all need help, whether this means dealing with past abuse, a marriage breakup, separation, depression or the pain of losing someone we loved dearly. While trusting in our Lord and Saviour Jesus Christ and meeting with a good counsellor as a guide that encourages us, we can work through our pain and struggles to turn the corner. This is what keeps us busy at the Grimsby Life Centre and our West Lincoln satellite office. Thank you so much for your continued support for this ministry centre. Your prayers and financial contributions give us the opportunity to work with and guide so many people who have taken brave steps in overcoming their struggles. Words simply cannot express how grateful we are for your support!

Child and Youth Ministry Welcome Aboard Amy Miedema!



I completed my studies at Redeemer University last year, with a major in Social Work and minor in Psychology, and recently started working fulltime at the Grimsby site as a Child and Youth Counsellor. I have always had a passion for Child and Youth ministry and I consider it a privilege to work at a faith-based organization serving our community. By allowing God to work through us, we can bring His love and hope into the lives of others, and journey alongside our youth and children.

CLIENT FEEDBACK

Testimony from a Child written to our Child and Youth Social Worker :

ROSES ARE
Red VILETS
are BLUE
I LOVE
COMING HERE
BECAUSE I
GET TO SEE YOU

Testimonies from two Adult Clients:

Grimsby Life Centre has helped me understand ways to communicate with my wife and talk about our feelings so we can come to an agreement that is fair for both! (Usually ☺).

The centre has helped our relationship. A year ago, I didn't know if we would last and I am so happy to say how far we have come because of the advice and lessons we were taught. The experience that we have received was great. Thank you.

YOU ARE INVITED - COME TO THE BANQUET!

MIRACLES
ON
ELM STREET

2015 Annual Fall Benefit Banquet
Friday, October 30, 2015 ~ 6 pm
Location: Winona Vine Estates
269 Glover Road, Winona
Cost: Voluntary contribution

Come and learn what is at the heart of Grimsby Life Centre Ministries. Plan to attend this year's banquet. This is our main fundraising event of the year! Enjoy a memorable evening of fellowship and fun, inspiring entertainment, fantastic food, and a silent auction. This is a fundraising event. Donations will be collected during the evening in support of the Grimsby Life Centre.

RESERVE YOUR SEAT TODAY BY CALLING 905.309.0944

OCTOBER 2015

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SAVE THE DATE!

FROM THE BOARD OF DIRECTORS - John Kendall
The Road to Success Is Always Under Construction



There are only 2 ways out of my subdivision and right now, both are under construction. It tests my patience, it's messy, it's dirty and it's noisy. Everyone is frustrated that you can't go anywhere at this end of town without getting caught up in construction chaos.

As I watch some of the construction workers while I wait 'patiently' in line, I sense they may have the same motto as Edgar Bergen who says, "Hard work never killed anybody, but why take a chance!"

Henry T. Blackaby in his study Experiencing God states, 'God is always at work around you.' I say, "No kidding this summer for sure." Blackaby also says, 'Watch to see where God is working and join Him.' At Grimsby Life Centre, I see God working, healing, mending and reconstructing broken lives. Each day the staff and volunteers alike have

the privilege to watch and see where God is working and they take the opportunity to join Him in His work. Please continue to pray for the staff and the volunteers - in so doing, you too join in God's work as you bless them and encourage the team entering into this re-construction zone every day!!



Grimsby Life Centre results of the Life Change Campaign

This year our ministry has been blessed yet again! Thank you so much for your continued support. From this years campaign we received \$27,000 in cheques, cash, and change.

We are so grateful and appreciative that you made this annual fundraising event happen once again!

**Thank you again, from all of us
 at the Grimsby Life Centre!**

What have we been up to? WHAT is new?

This past spring our child and youth Social worker Lindsay Koietsier and Intern student Kristina Zorn ran a parenting course entitled "Beyond Consequences". It is a course on parenting children and adolescents that ran for 7 consecutive weeks on a Thursday evening. It was an honour for the ministry centre to be able to run this very effective course and to receive these comments from some of the parents:

'We were at a point that everything we tried we was failing. Since we started the course we have seen a more positive attitude and our girl is happier.'

'It is very helpful to be able to see your child's bad behaviour in a more positive and loving way and that they are reacting from fear. We can head that off in a gentle loving way so the behaviour changes with less conflict.'

'This course helped me a lot. It taught me how to handle my grand-daughter's melt-downs, aggressive behaviour's and screaming match.'

'This course helped me view my child differently. By doing so I am able to respond in a calmer manner and not react. I have seen a marked improvement in my relationship with my child because of the knowledge I received in this course. I hope to be able to build on this and gain his trust.'

'For those who have gone through a traumatic time, Beyond Consequences is very helpful. Staying calm in situations is very beneficial. My son is far less aggressive and we can talk about things. Thank you for doing this course.'



YES, I want to support the ministries of the Grimsby Life Centre financially!

Name _____ Email _____
 Address _____ City/Town _____
 Province _____ Postal Code _____
 Donation \$ _____ Cheque (Payable to Grimsby Life Centre)
 VISA Mastercard (Please indicate) One time Gift Monthly Gift
 Cardholder Name: _____
 Card# _____
 Exp. Date ____ / ____ Signature _____

Or, you may wish to donate by visiting www.grimsbylife.org/donate or CanadaHelps.org.
 Official receipts for income tax purposes will be issued for donations over \$25.
 Do not send cash through the mail. Charitable Organization # BN 80678 8824 RR0001

News, Notes, and Needs

♥ Thank you to Greenside Landscaping for cutting our lawn. We are also grateful for the volunteer who has been cleaning up the gardens and another volunteer who has been trimming our bushes!

♥ Cleaning supplies such as Mr. Clean, Sifter dusters, paper towels as well as office supplies - pens, pencils, photo copy paper and bathroom products (toilet paper and Kleenex) are always appreciated and are all used!

♥ Thank you to the BBQ team at Turkstra lumber in Stoney Creek! You are the best BBQ's in southern Ontario!

♥ If you come across any gift cards, it would be an honour to slip them to us - it is always a blessing to be able to pass these tokens on to clients who are in a crisis.

♥ **Our donations are at an all time low! Please prayerfully consider helping us meet our financial requirements so we can continue helping those in need. We use your donation wisely and effectively.**

♥ Our annual fundraising banquet is held on Friday, Oct 30th, 2015! If you have any items for the silent auction or wish to volunteer on Thursday, October 29th or Friday, October 30th! Please give the office a call.

**In 2007
 Grimsby Life Centre helped
 48 clients per month.**

**In 2014
 Grimsby Life Centre
 and the West Lincoln
 satellite site helped over
 260 clients per month!**

**It is only because of your
 financial support we are able
 to continue to help those in
 need in the West Lincoln
 and Grimsby sites.**



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Grimsby Life Centre Ministries is a registered charity dedicated to helping those in local communities regardless of age, race, religion or marital status. All services are confidential and free of charge.

Your donations change lives ~ Thank you!