

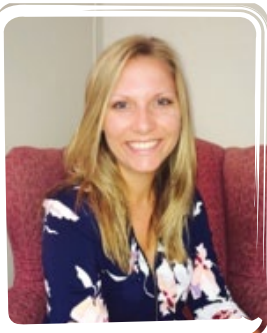
EXECUTIVE DIRECTORS DESK ~ Lisa Heuving



This summer has been a lot like a summer that I can remember as a teenager. Not to age myself; but the hot, long days without much rain bring me back to the fields of the farm that I grew up on. I remember working, spacing newly sprouted plants in the hydrangea fields. It seemed to me that the days would never end. It was hard, hot work! On the family farm, my brothers, cousins, and I would begin our job at 7:30 in the morning and end at 5:00 pm! The other day, one of my cousins and I were talking about "the dreaded hydrangea fields" and we started laughing because it was probably one of the worst jobs in the world for a teenager at that time –

however, we were taught the valuable lesson of hard work and staying 'out of trouble'. In hindsight, I am so grateful to have been blessed with that opportunity. Here at this busy corner, we see so many individuals and families who are going through hard times whether newly separated, teens in trouble, addictions, or individuals who are unemployed for various reasons. At our centre, it is our sincere desire that eventually individuals and families who have gone through hard times, will look back and see the situation in a different perspective, maybe even as a lesson in life. Sometimes we all need help and we wish to thank you for your prayers, continued financial support, and encouragement towards the Grimsby Life Centre! We all make a difference!

CHILD AND YOUTH COUNSELLOR ~ Amy Miedema



Often I am asked "What do I do as a counsellor?" and to be honest with you, it's not always an easy question to answer. I have come to realize that in my title, I have many roles – a listener, an encourager, an educator, a researcher, a learner, an advocate, etc. My role often changes depending on the circumstance; however, one thing always stays constant – I am journeying alongside my clients. One story especially resonates with me; and that is of a very special young boy. When he first started coming to the Grimsby Life Centre, his fear and anxiety were preventing him from doing everyday tasks and activities. His parent's came to see us in hopes to find help for him, and to gain better parenting skills for

themselves. When working with families with children, you really have to think outside the box, and this is what I love about my job as child and youth counsellor. When I begin counselling a child, I have to look through their lens and see how I can best help them cope. Sometimes I use play therapy, role-play social situations, art therapy or incorporating popular children's games as a way to teach coping skills and techniques. Through time and hard work, this boy has started showing improvement by facing his worries and fears. In one particular session I asked him how he has been able to face his fears, and he simply said "I don't have time to worry!" His comment made me smile and I thought of the verse in Matthew 6:27 "Can any of you by worrying add a single hour to your life", and the lesson this boy taught me! It truly is a blessing for me to be involved in ministry here as I witness firsthand how many families we help.

CLIENT TESTIMONIALS

How has Grimsby Life Centre helped you?

I could not have been able to cope with my situation at all without getting help. It has been a God Send for me. I thank you very much for being so professional and so knowledgeable in your expertise.

Is there anything we could have done different to meet your needs?

"My needs have been met much more and in a higher degree than I expected for sure. I appreciate your ministry so much more than I can ever say or express. Thank you, thank you so very much."

"Just knowing that you care made a difficult time easier, and I'll be forever grateful for your thoughtfulness. I am so very grateful for all your help, support, kind words, hugs and encouragement. I thank my lucky stars that God put us together and showed you just what to say to get me through this horrible time in my life. I cannot thank the Grimsby Life Centre enough, I will be forever grateful."

**Strength
for TODAY
HOPE for
Tomorrow**



I thought it was time for a new picture for the newsletter and what better opportunity than this to show off my brand new grandson - Eli!

Could there be any more of a precious gift, than that of a cuddly, unspoiled, (I didn't say unsoiled), fresh, new life. He is so soft!

He has no 'to do' list, no mortgage or car payment, no hurts or disappointments, and has made no mistakes - I did mention 'soiled', though! He doesn't have to exercise or diet, he has no responsibilities - not a care in the world. I notice that he does not even care when he's having a bad hair day! There are so many wonderful things ahead for Eli in his life to come.

The other reality is that Eli was born into a broken and fallen world. None of us chose it or the pain that comes in this life. We have however been given hope. Whatever comes our way, either by providence or by our choices - we have a Redeemer who is Jesus Christ. This is the focus at Grimsby Life Centre. Giving hope to the hurting and help to the fallen; bringing 'New Life' to those who are brokenhearted and crushed in spirit. Thank you for joining us in the ministry of Grimsby 'Life' Centre.

News, Notes, and Needs

♡ Words cannot express how appreciative we are to the churches that participate every year in our annual life change campaign. This year was another success, with all the generous support we raised over \$30,000! We are so very grateful!

♡ Do you like gardening? We are in need of someone who enjoys the feel of the soil in their hands along with the thrill of smelling the roses. If gardening is your specialty, please give the centre a call. We would love to have volunteers to help us with this task.

♡ A huge thank you to a volunteer electrician who installed a sensor light in our parking lot! We are beginning to stay open longer at nights so we can assist more people! This sensor now lights the way for our clients! Thank you so much!

♡ Office volunteer help required – we are open on Tuesday and Thursday evenings from 4 – 9 PM. If you have office experience and would be interested in being a volunteer we would love to hear from you. Our plan is to have a rotating pool of volunteers on call for our reception area.

♡ Thank you to a local group of men and to PostTime who erected a fence that is so straight, so grounded, so well built and engineered, it simply is a job well done! We appreciate all your volunteer time, strength and the energy it took! Thank you for blessing us with the best fence in the world!

♡ Thank you for your continued donations of paper towels, office supplies, toilet tissue, coffee, cookies, and bottled water. We couldn't operate without those necessary commodities.

♡ Thank you to BBQ group who faithfully holds the fort at Turkstra Lumber in Stoney Creek as they grill up a storm every Friday at noon! They raise over \$3000 each summer.

♡ **Come and learn what is at the heart of Grimsby Life Centre Ministries. Plan to attend this year's banquet. This is our main fundraising event of the year! Enjoy a memorable evening of fellowship and fun, inspiring entertainment, fantastic food, and a silent auction. This is a fundraising event. Donations will be collected during the evening in support of the Grimsby Life Centre.**

YOU ARE INVITED! COME TO THE BANQUET! OCTOBER 21, 2016

Strength
for TODAY
HOPE for
Tomorrow

2016 Annual Fall Benefit Banquet

Friday, October 21, 2016 ~ 6 pm

Location: Winona Vine Estates

269 Glover Road, Winona

Cost: Voluntary contribution

Offering Help and Hope

RESERVE YOUR SEAT TODAY BY CALLING 905-309-0944

YES, I want to support the ministries of the Grimsby Life Centre financially!

Name _____ Email _____

Address _____ City/Town _____

Province _____ Postal Code _____

Donation \$ _____ Cheque (Payable to Grimsby Life Centre)

VISA Mastercard (Please indicate) One time Gift Monthly Gift

Cardholder Name: _____

Card# _____

Exp. Date ____ / ____ Signature _____

Or, you may wish to donate by visiting www.grimsbylife.org/donate or CanadaHelps.org. Official receipts for income tax purposes will be issued for donations over \$25. Please do not send cash through the mail. Charitable Organization # BN 80678 8824 RR0001



18 Elm Street, Grimsby, ON L3M 1H3
905.309.0944 www.grimsbylife.org

Your donations change lives ~ Thank you!