## 2019 SPRING NEWSLETTER - VOLUME 28

### **REFLECTIONS FROM CLIENTS**



Thanks for listening and making me feel comfortable with my situation.

Thank you for all you do to help others, myself included. Thank you for being a light in the darkness. God Bless.



You are all truly angels. We are blessed to have you all.



Your time and effort spent with each of our kids is so much appreciated!
The kids LOVE coming to see you. You make it fun and enjoyable, warm and welcoming. May God richly bless you for all you do for His Kingdom.



Keep up the good work, and keep caring.



I wanted to take the time and say thank you. Thank you for your counsel. Thank you for your guidance wisdom, your support, your understanding and your trust. You have been there for me when no one else has. You've helped me through some dark times in my life and welcomed me with a smile when I got out of sleeping in the pit. You've never given up on me. Thank you.



I am celebrating my 55th year of life this spring, and I have a confession to make: I BUILD LEGO! Seriously, I build what is known as the creator series which typically has over 2500 pieces. This desire to build became so strong that about 10 years ago, I built my first Lego creator which was a movie theatre! Block after block a building was formed. I even called Lego and mentioned to the customer care individual that they should consider marketing their product to the growing number of senior people who find Lego therapeutic. When I was about 12 years old, my mother gave me a

kitchen Lego set for my birthday. It was my pride and joy until one day a friend told me that I was too old to play with Lego because I was becoming a teenager. Being young and very impressionable by peer pressure, I immediately stopped playing with the blocks. Sometimes, I think that people young or old can be like Lego blocks. They come in all different shapes, sizes, and colours, and like people it hurts when we step on them. I remember this little ditty from when I was in grade school "Sticks and stones may break my bones, but words may never hurt me." But, words do hurt. They can cut through a person's soul and leave scars that can last for decades. Why do we remember the negative words like what I was told about playing Lego as a youngster? We have a God that loves us unconditionally, no matter what other people may say. At the Grimsby Life Centre, we hear people tell their story of the hurt that someone has caused them. In life, we should be as bold as the apostle Paul who wrote in Thessalonians "Therefore encourage one another and build each other up, just as in fact you are doing." Here, at the Centre we encourage families and individuals (young and old) to understand that each of us is to build our own lives and live in the healing grace of God. I have to smile because needless to say, I got over what my friend said years ago, and I began to build Lego again! Thank you for your support and prayers for this ministry, and for the healing that flows from it. ~ Lisa Heuving, Executive Director

# 2019 life change campaign

From Mother's Day, May 12 through Father's Day, June 16 we run our 27th annual **life change campaign** which helps keep this ministry thriving and growing! **Change makes a true difference!** 

**Grimsby Life Centre is a non-profit ministry.** Our organization receives no government funding. We offer help and hope free of charge to those in need only because of your prayers and through your financial support. Please plan to participate.



FAMILY AND MARITAL COUNSELLING • INDIVIDUAL SUPPORT • YOUTH AND CHILD SUPPORT • CRISIS SUPPORT ANGER MANAGEMENT • DEPRESSION AND ANXIETY SUPPORT • ADDICTION COUNSELLING

TO BOOK AN APPOINTMENT PLEASE CALL: 905-309-0944



Grimsby Life Centre Ministries is a vibrant, visible, Christian organization, dedicated to counselling families and individuals in the surrounding communities by offering help and hope to all regardless of age, race, religion or marital status.

All services are confidential and free of charge.

### **COUNSELLOR CORNER**



As new weather is approaching, change is the theme of spring. Leaves are budding, and the evenings are getting longer and lighter and I cannot help but be blessed by God's handiwork in all of creation. One of my favorite praise and worship songs is from Hillsong United - Desert Song, (Sung By Brook Fraser and Jill McCloghry) included in the lyrics, "All of my life, in every season, you are still God, I have a reason to sing, I have a reason to worship".

I have been blessed to be a part of the Grimsby Life Centre ministry for over 2 years, and have seen how faithful our God truly is with the lives of the youth, and adults that I counsel. Different seasons in lives brings either healing or hurting and we meet people in their hurting seasons and lift them up to God for full restoration and we know that during the trials, God is still with us. He will never leave us or forsake us (Deuteronomy 31:6). We are blessed to know that whatever season of life we are in, that God never changes.

God is with us in every season, no matter how long it lasts. Through our ministry at Grimsby Life Centre, even before people walk thru the door, they are lifted up in prayer and held in God's hands. From listening, giving advice and praying with and for our clients - God's hand of healing and presence is what equips us to do our job. We are the hands and feet of Christ at GLC, and I am blessed to work with an amazing group of staff, volunteers, prayer partners, board members, executive director and community churches to offer help, hope and God's love and restoration. ~ *Julie DeGroot, Counsellor* 

#### **BOARD REPORT**



Amid the terror attacks on 9/11, 38 planes with almost 7,000 passengers were directed to land in Gander, Newfoundland. In a matter of hours the population of Gander almost doubled. Residents were met with the daunting challenge of transporting, setting up shelters, feeding, and caring for the thousands of strangers. On a day when the worst of humanity was on display, the people of Gander showed the world the best of humanity. One volunteer

stated, "we just knew that we had to make room and take care of them. They were here and they needed our help as they have come from a ways." Every month, over 400 lives come through the doors of Grimsby Life Centre. They come....and they need our help! Woven into the fabric of our team is kindness, care and love, asking for nothing in return. Be part of this great work and help our "come from a way's." We are grateful for your support. ~ John Kendall, Board Chairman

# NEWS NOTES & NEEDS

- If painting is how you like to give, we have an opportunity for you! We are looking for volunteers to paint the porch, the steps and the walkway into the centre. Please give us a call if you are interested.
- Always looking for, and grateful to receive bottled water, paper towels, toilet paper and office supplies.
- The We wish to thank our cleaning person Rhonda for all her hard work keeping this centre so neat and tidy.
- Please mark your calendar now! Our annual banquet is scheduled for Friday, October 25th, 2019. We are paying in advance for 500 people to attend this event so that we can have all three halls at the Grand Olympia on Barton Street in Stoney Creek. It will be the feeding of 500, with live Jazz music as entertainment. We would love for you to join and be inspired by the testimony of this ministry centre.

# Be inspired!

- Thank you to all the people who responded to the volunteer position for the reception desk. We are so grateful for the support of our community! We continue to look for someone on Monday's from 4 6 PM to greet our guests.
- Thank you, thank you, and thank you some more for all that you do for this busy ministry in Smithville, and at the corner of Mountain and Elm in Grimsby!



#### YES, I would like to support the ministries of the Grimsby Life Centre!

Name		_ Email	
Address		_ City/Town	
Province		Postal Code	
Donation	☐ Cheque - Payable to G	rable to Grimsby Life Centre	
\$	☐ VISA ☐ Mastercard	Please indicate:   One time   Monthly	
Cardholder Name:		_ Signature:	
Card#		Exp. Date:	

You can also donate by visiting www.grimsbylife.org/donate, or CanadaHelps.org. Official tax receipts will be issued for donations over \$25. Please do not send cash through the mail. Charitable Organization BN 80678 8824 RR0001